

# 萬佛聖城觀音七時間表

## Daily Schedule for Gwan Shr Yin Bodhisattva Recitation Session at the City of 10,000 Buddhas

7/18 - - 7/23/11

Morning		AM
4:00 – 5:00	早課	Morning Recitation
5:00 – 6:00	拜願	Bowing
6:15 – 6:45	早齋 / 打坐	Breakfast / Meditation
<b>7:00 – 8:30</b>	<b>普門品 / 繞念</b>	<b>Universal Door Chapter / Walking Recitation</b>
8:30 – 9:00	坐念	Seated Recitation
9:00 – 9:30	止靜	Silent Recitation
9:30 – 10:00	繞念 / 迴向	Walking Recitation / Transference
<b>10:20 – 11:00</b>	<b>上供 / 延生堂迴向</b>	<b>Meal Offering / Transference in the Long Life Hall</b>
11:00 – 11:50	午齋	Lunch
Afternoon		PM
<b>12:45 – 2:00</b>	<b>普門品 / 繞念</b>	<b>Universal Door Chapter / Walking Recitation</b>
2:00 – 2:30	坐念	Seated Recitation
2:30 – 3:00	止靜	Silent Recitation
3:00 – 3:30	繞念	Walking Recitation
3:30 – 4:00	坐念	Seated Recitation
4:00 – 4:30	止靜	Silent Recitation
<b>4:30 – 5:00</b>	<b>往生堂迴向</b>	<b>Transference in the Rebirth Hall</b>
5:15 – 5:45	晚餐 (居士)	Dinner (Laity)
Evening		PM
6:30 – 7:30	晚課	Evening Recitation
7:30 – 9:00	開示	Lecture
<b>9:00 – 9:40</b>	<b>大迴向</b>	<b>Great Transference</b>